

Long COVID?

I still feel |



I still feel fatigued, weak, breathless

I still feel achy

I still feel like I can't concentrate

I still feel like I can't taste or smell

I still feel like I have COVID

Find the right advice about long COVID



Worried about symptoms you've had for a few weeks or longer? To find out more about the long term effects of COVID-19, visit nhsinform.scot/long-covid or call the NHS inform helpline on **0800 22 44 88**.



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